

# Fluency Practice



CD track 26 - southern English-woman and Canadian woman

English language speed and fluency practice to help you improve your speaking.

Here are six quick activities for you to improve your pronunciation and fluency. Answer the questions as quickly as possible, and try not to think too much. Later, you can check your answers. You need to study the phrasal verbs and idioms page before attempting these exercises. (Answers on page 24.)

**A: Tongue Twister**

Try repeating this ten times as quickly as you can:  
"A proper, copper coffee pot."

**B: Pronunciation: connected speech with wolf idioms**

Listen to these sentences and see if you can write down the words that you hear. Remember, some words are weak sounds and are unstressed, and as a result they are very difficult to hear.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



**D: Rapid response – Sport**

Now answer these questions as quickly as you can. Try not to think too much and just invent the answers if you need to.

1. What extreme sports have you done?
2. Who's your favourite sports personality?
3. What's your favourite team sport?
4. Which sport do you hate?
5. What's your favourite winter sport?

**E: Phrasal Verbs with "Pull"**

Listen to each sentence then repeat it with an appropriate phrasal verb. You should try to be as quick as possible.

1. They're going to destroy the building = \_\_\_\_\_
2. The police arrested a suspect = \_\_\_\_\_
3. They stopped forming part of the agreement = \_\_\_\_\_
4. The police officer told me to stop the car = \_\_\_\_\_
5. He separated the parts of the toy = \_\_\_\_\_

**F: Revision Drills – 3rd Person Singular**

Listen to these questions and answer them as quickly as possible. They are designed to practise the 3rd person singular in the affirmative. Invent an answer, and do it as quickly as possible with a full sentence. Use the verb in brackets ( ), and remember the "s" at the end of the verb.

1. (go) \_\_\_\_\_
2. (work) \_\_\_\_\_
3. (live) \_\_\_\_\_
4. (drive) \_\_\_\_\_
5. (play) \_\_\_\_\_

**C: Sentence transformation – Sport**

Listen to these sentences and try to make a question with the word "you" for each one. Do it as quickly as you can. Use the question words in brackets ( ).

1. I play tennis once a week. (What) \_\_\_\_\_?
2. I once got a medal in a swimming competition (Have) \_\_\_\_\_?
3. It's probably football – everyone loves it. (What) \_\_\_\_\_?
4. I used to play a lot of ice hockey when I was younger. (What) \_\_\_\_\_?
5. I like to watch rugby on television. (What) \_\_\_\_\_?

